



Now you need a ride -
what do you do?



The San Diego County Volunteer Driver Coalition can help!

The coalition is a county-wide network of free and low-cost transportation services available to seniors. Our programs offer safe, reliable transportation provided by trained volunteers who care about seniors. Enrollment is easy. Just find the program that serves your area of residence and contact them for specific details.



ITN San Diego

Zip Codes: 92105, 92108, 92109, 92110, 92111, 92117, 92121, 92122, 92123, 92126, 92131

(619) 282-0073 • www.itnsandiego.org

On the Go: Transportation Solutions for Older Adults

Jewish Family Service of San Diego

Zip Codes: 92037, 92064, 92111, 92115, 92117, 92119, 92120, 92121, 92122, 92126, 92127, 92128, 92129, 92131

(619) 220-0268 • www.jfssd.org/onthego

Out & About Peninsula

Peninsula Shepherd Senior Center

Zip Codes: 92106, 92107, 92110

(619) 223-1640 • www.sdpssc.org

Rides4Neighbors

City of La Mesa

Zip Codes: 91941, 91942, 91945, 91977, 91978, 92019, 92020, 92021

(619) 464-0109 • www.cityoflamesa.com

Seniors A Go Go

ElderHelp

Zip Codes: 91941, 91942, 91943, 91944, 91945, 91977, 92103, 92104, 92105, 92106, 92107, 92109, 92110, 92115, 92116, 92119, 92120

(619) 284-9281 • www.elderhelpofsandiego.org

Solutions for Seniors on the Go

City of Oceanside

Zip Codes: 92054, 92056, 92057, 92058

(760) 435-5250 • www.ci.oceanside.ca.us

Vista Out & About Senior Transportation

City of Vista

Zip Codes: 92081, 92083, 92084

(760) 639-6161 • www.cityofvista.com

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